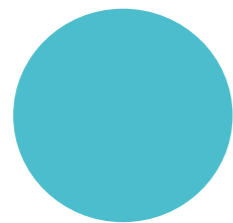


WORK LIFE CO-OPERATION

Handbook for students



This work life co-operation handbook has been completed as a part of the TalentHUB South Karelia project and it has utilized a similar handbook published in the DYNAMO-project.

Your turn to shine

Education gained from a higher educational institution is probably the biggest and the most important investment of your life. During your studies you can gain exactly the right palette of competences, skills, values, and attitudes to meet your needs so that during your career and life you can make the world a better place to live and to be.

When I studied at the university myself (ok, in the last century) it was clear to me that in addition to my studies I wanted to grow into being a member of work life already during the studies. It was of course nice to get a tiny salary for the work I did but in retrospect the most valuable lesson learned was to see how different work communities are and to get to know new people. Sometimes I worked part-time in my own field, sometimes I worked on tasks as far off my studies as possible. When I worked as a DJ a long time ago, I had no idea that it could benefit me in my work as a rector of the university.

Because you have gained a study place at LUT Universities, you have shown that you are intelligent. Hence, I hope that you remember a couple of points: First, nobody will be given opportunities to work without putting in effort and making contact – I do not know of anybody to whom that has happened. Be active by yourself - contact companies, visit them in person, call. Secondly, wherever you work, it is a great benefit to understand the target country's people, history and culture, and to know even a little bit of the country's language. The more you know about diverse people and can communicate with them easily, the more doors will open for you. Thirdly, persistence and humbleness help you forward: you might be surprised by what kind of work experience will benefit you later during your career.

Juha-Matti Saksa
Rector, LUT University



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Preparation for work life

Would you like to impress employers and be remembered already during the application phase?

5 TIPS FOR THE JOB HUNT AND HOW TO PREPARE FOR IT:

1. Be ready to share what you can do, what you are interested in and what you have achieved earlier.
2. Create your own CV template and LinkedIn profile. Be creative and stand out from your competitors!
3. Target your CV and job application to the company in question and proofread them before sending. You can also ask another person to read and review your application and utilize professionals of LUT & LAB Career Services for doing this. (moodle.lut.fi)
4. Practice making your video CV and talking naturally about your competencies. More and more companies utilize video CVs in their recruitment processes. Tips for a good video and prac-

ticing for it (incl. feedback) can be found on LUT & LAB Career Services' Moodle platform moodle.lut.fi

5. Build your personal work portfolio. Collect samples of assignments which reflect your skills and competences and support your application. The portfolio can be digital (e.g. social media platform, webpage or a video) or physical (a folder or a booklet), depending on industry-specific features.

Check out how to build your personal brand? See

uraloikka.fi

Work life co-operation

WHY?

In work life co-operation students, educational institutions and companies cooperate to achieve a win-win situation where a student can gain more professional competences and companies receive the latest knowledge and know-how in developing their businesses. Also, gaining international experience from abroad is a big benefit in today's job market.

5 REASONS WHY WORK LIFE CO-OPERATION IS IMPORTANT TO YOU DURING YOUR STUDIES

1. You can develop your skills and competences in real work life projects.
2. You can familiarize yourself with different duties, work environments and companies, and these will help you in targeting your job hunt and in choosing your specializations when you know what kind of work you are interested in!
3. You can update your CV and LinkedIn profile with

competences gained in work life. In Finland, work experience from any field is valuable in job applications.

4. You get referees and references that support your expertise.
5. You get business contacts, and you can extend your personal network. Creating your own network helps i.e. in finding work: about 80% of jobs are filled through disguised employment (e.g. networks).

Participating in work life co-operation during studies is an investment in the present but also in your life after graduation!

HOW TO PLAN FOR COOPERATION IN WORKING LIFE?

- › Map your personal interests and goals. Companies look for motivated and committed employees. Research companies in your own field of study. It is a worthwhile time invested in your own future.
- › Make a study plan which prepares you for employment. Find out what kind of specializations or in-depth studies would be the most useful ones for your future career plans.
- › Deliberately develop your work life skills such as time management skills, tolerance for stress and intercultural competences because they all will be needed in the job market.
- › Start to network already in the beginning of your studies in the digital world as well as in face-to-face situations.
- › Update your application documents and find out what kind of documents are needed in your field.

- › Utilize personnel of LUT & LAB Career Services (lut.jobteaser.com) in extending your knowledge about the job market.

TIPS:

- › Job interviews are often based on competencies. Practice how to talk about the skills, competences and characteristics that would enable your success in the job.
- › Use examples of your experiences in the application text as well as in interviews.
- › Recruiters value self-assertion and your ability to reflect on your work. They might ask e.g. what you have learned in a difficult situation or what you might do differently in the future.
- › Be open and honest in your answers (Nobody's perfect!)
- › Remember to make a written work contract!

Competition for talents is tough

Case: Sami Markkanen

AFRY Oy

Hi! I am Sami Markkanen, a 4th-year student of mechanical engineering at LUT University. I work as a steel structure planner at AFRY Finland Oy. I came to work for them because of a successful summer job in 2020, when I had about ten different summer jobs to choose from. In my opinion, my successful summer job hunt was due to my abilities to sell the technical competences that I had gained during studies and previous summer jobs. My selection of employer was confirmed by guaranteed employment as an engineer, long trainee program and an extensive network of branch offices.

I did not have a lot of experience in designing steel structures, but I was given the necessary information and time to become familiar with it. As a result, I was able to participate in projects already during the first weeks of my employment. I am extremely grateful for this kind of an orientation to work life and the opportunity to work parallel to my studies. These days I am

fully employed by the company and it seems that my studies will take 4.5 years.

I know of many students of engineering who have been pulled into work life already during their studies and I think that this development will only continue in the future. Successful students are working in well-known companies in addition to their studies. Additionally, more and more high-tech companies are establishing product development units in university towns to make sure that they can employ innovative talents. There is also a predicted lack of experts in technical fields for the future. For these reasons I think that employing students and providing them with an orientation to their future tasks is a very current and important task for companies.



Assignments and student projects

By doing course assignments and by participating in different student projects you can promote your own employment as well as get valuable knowledge about the job market. Keep in mind that there are various projects available! Choose your tasks based on duties you aim for after graduation.

MAKE A PLAN:

- › What kind of projects should I do?
- › How can these projects complement my studies?
- › Which projects can help me in building my future career?
- › Can I include project-based learning to my studies?
- › Can I get credits from working for different projects?
- › Will I get paid for the project?
- › How do you determine copyright?

From metal works into a banquet room

Case: Rämö Oy

Rämö Oy contacted LAB University of Applied Sciences and wanted our students to organize a Finland 100 anniversary event in the company's facilities. The wish was to have a relaxed atmosphere, generous Finnish food, and an event from where the customers were not fleeing away the first minute they got there. The event was organized in co-operation with LAB's hospitality students and Lappeenranta Kampusravintolat. The students were responsible for the planning and execution of the event, and they planned the timetables, menu, and functionality of dishes as well as logistics, together with campus restaurants.

The event was executed as a student project. The result was a great event, a happy customer, and guests. In addition, the project team (students, campus restaurant representatives and the supervising teacher) succeeded in their goal of executing the event and students received

credits as the project met the learning objectives of their course.

Students developed their courage to meet challenges, tolerate stress and creatively solve problems. Additionally, they learned about how to manage complex catering events, how to carry responsibility and especially about how to develop their professional identity in authentic events.



Nationwide possibilities during your studies

Case: Huy To

Initially I saw a social media ad about this hackathon called Dash. I applied for it just for fun, to get more learning experiences and to network because I found its concept very interesting and kind of unheard of; I didn't even know that there would be winners and prizes as there was no info about it on the official website. There were 2 ways of registering, i.e. individually or as a team. I registered individually because registering as a team was only valid when there were also 3 other individuals simultaneously. I got accepted after a week and I was put randomly into a team.

My team was diverse, not in terms of all factors but some. We all came with distinct study backgrounds even though I was the only one from a different educational institution (they were all from Aalto University).

Dash has been repeatedly organized for a few years already and is held annually. This year

the event lasted for 2 days and due to the 2020 pandemic a concept called 'hack in a hotel' was executed. The idea was to decrease social contact but to give team members a chance to work in a workplace-like environment. So, each team was given a hotel room to work together. Also, anyone of age could apply irrespective of educational institution or study background and partake in Dash for free (food and drinks, mentoring, virtual excursions etc. - basically everything included).

There were 5 companies participating in Dash this year, which meant that there were also 5 challenges, including Citycon, Fazer, Vaisala, F-Secure and Tikkurila. With each challenge 6-8 teams were involved. My team's challenge was Citycon's. The challenge was to create an innovative and novel design or service that helped physical and digital values to meet each other seamlessly in future shopping centers.

My team created a concept of an augmented reality, a way-finding application for shopping center visitors. Citycon commented on our proposed solution as feasible and temporal and stated that it incorporated innovative thinking on how to create value for multiple different stakeholders in the shopping center environment. It was also interesting to realize when we were listening to other teams' pitches that we'd already thought of and discussed about other teams' solutions before that. In the end we WON! Check the atmosphere and the Dash 2020 event website [here](#)



If you are interested in participating in the future: The Dash website is [here](#), and the Instagram is [@dashdesign.official](#).



Placement

Placement is a central element of your degree that opens doors to work life. During placement you will apply learned theory, learn new practices, and form contacts towards working life. Companies look for motivated trainees that show their own initiative and are interested in the company's business operations and field.

MAKE A PLAN AND UTILIZE YOUR PLACEMENT PERIOD TO THE MAXIMUM:

- › Which duties do I aim for? What kind of tasks do my studies support?
- › What kind of a placement would help me in building my future career?
- › At what stage in my studies can I start my placement?
- › Can my summer job be counted as placement?
- › Will I get a salary, a reward, or a lunch benefit from my placement? How does the salary relate to e.g. student fee?

- › How long is my placement and can I divide it into parts?
- › Who is responsible for my orientation and supervision during my placement both in the company as well as at the educational institution?
- › Who at my institution is helping with placement-related questions?
- › What points do we agree on in the placement agreement?

DURING PLACEMENT YOU WILL LEARN

- › how to utilize the most important field-specific tools and methods
- › how to operate in work life, its practices, and habits
- › how to apply and evaluate your own skills and competences.

Are you aiming at international duties or would you like to get experience in working in an international work community?

Make your placement abroad!

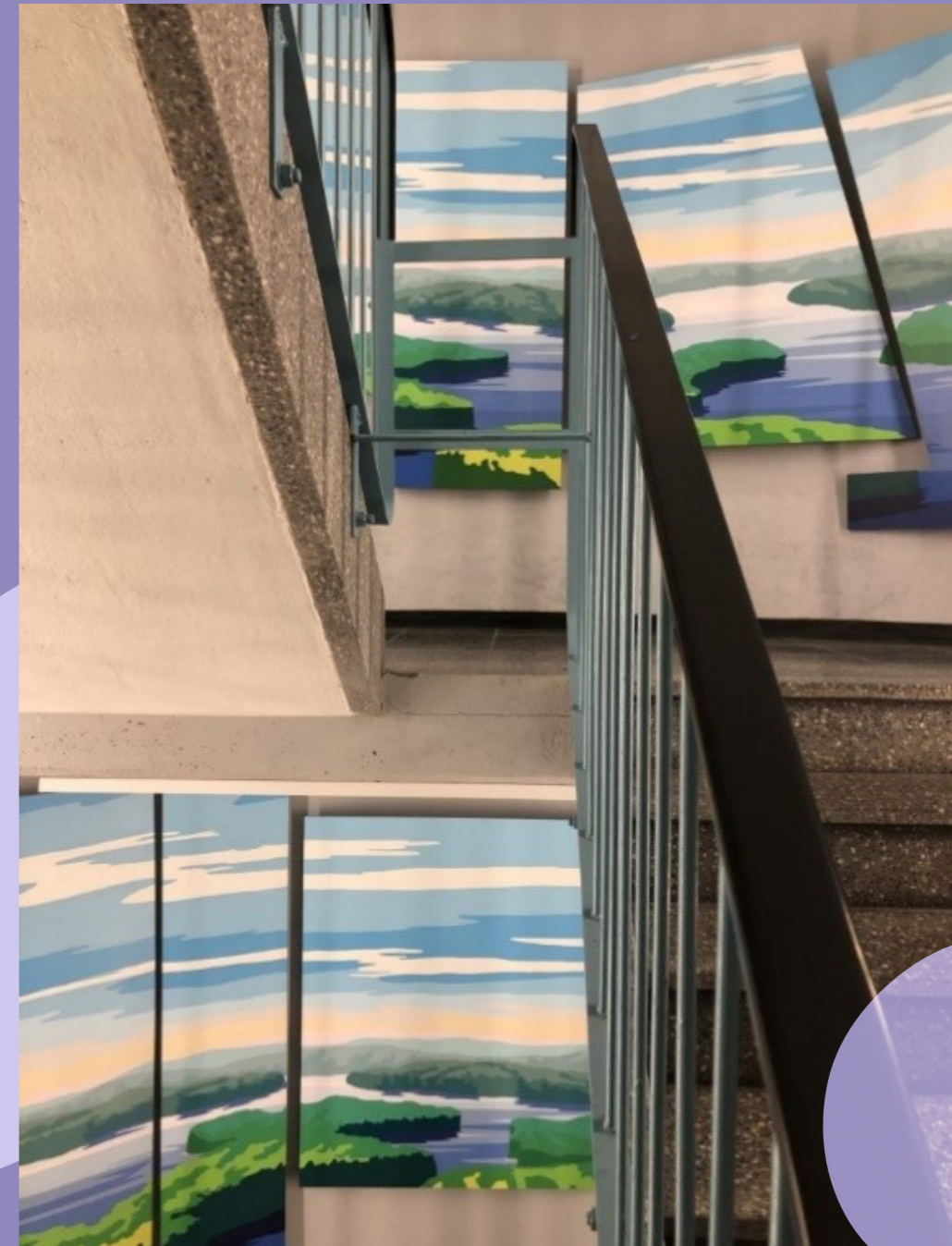
A fine arts student completes placement at Stora Enso

Case: Olga Forssel

All degrees completed at the university of applied sciences include at least 6 months of compulsory placements. Social and health care students complete even about half of their studies as placement in companies, under the supervision of company representatives. The purpose of placement is to combine the theory learned on various courses with the practice. All placements have learning objectives and the

placement can be carried out in companies, public administration or in non-governmental organizations.

Student's placement can leave a permanent footprint into the company. This happened with a fine arts student, Olga Forssel, who gained placement credits through completing an art piece called Regionalism for a building's staircase at Stora Enso Imatra Mills.



Thesis and diploma works

With your thesis or diploma work you can show your expertise to your employer. At its best, the thesis work lands you a job or a referee for the job hunt. You should spend time on choosing the right topic: finding the sponsor or a client is easier, your work becomes meaningful, and you can build your career based on your own interests.

PLAN THE THESIS OR DIPLOMA PROCESS:

- › At what stage of my studies is the thesis or the diploma work done?
- › How do I choose the topic and where can I get support regarding my choice?
- › How do I find a sponsor or a client?
- › What kinds of agreements are made with the client?
- › What are my responsibilities to the client's company?
- › Who is responsible for my orientation and supervision during the work?
- › Will I get paid for the thesis or the diploma work?

- › Are thesis and diploma works confidential?
- › How do I report to the client company about the results of my thesis or diploma work?

HOW LONG WILL IT TAKE TO CONDUCT THE THESIS OR THE DIPLOMA WORK?

- › Bachelor's thesis works is equivalent to about two months' work.
- › Master's thesis and diploma work are equivalent to about six months' work.

Thesis co-operation: The quality of child welfare derives from encountering people

Case: Pallo-kodit

Pallo-kodit is a private company providing foster care services for child protection. The company has operated in Lappeenranta for 20 years already. Commissioned by the company, Anni Leminen and Stina Lensu, studying for a Master's degree in Social Services at LAB UAS, completed a thesis work analyzing the quality of Pallo-kodit from the perspective of care and education employees. Child protection has been featured often in public discussion in recent years and more attention has been paid to the quality and the supervision of child protection. Due to municipalities' competitive tendering, companies providing foster care for child protection have a need to highlight their operations and their quality more to be relevant in the competition.

The thesis analyzed quality within three different themes: professional competence, values and key factors in care and upbringing. According to the research the professional com-

petence of Pallo-Kodit's employees consists of experiential knowledge, the utilization of their own personality at work, will and interest towards the work, as well as of cognitive competences and teamwork.

In most thesis works completed at a university of applied sciences corporate and work life are being developed because the thesis works are practical by nature. A concrete result of this thesis work was the production of a quality statement which will be utilized in the company's internal orientation to employees as well as in describing the company's operations to its partners in the future.



Added value to networking through the diploma work

Case: Suvi-Tuuli Lappalainen

I am Suvi-Tuuli Lappalainen, 43-year-old sea captain from Kotka and soon a graduate of Master of Science in Chemical Engineering from LUT. I work in the biggest export harbor of Finland, HaminaKotka, as an assistant transport and safety manager. Earlier I have worked as a safety manager at the chemicals' terminal, as a navigating officer of a cargo ship and a bus driver. I was very enthusiastic when I found the biorefineries Master's program on the Internet because the development possibilities of renewable raw materials sounded very interesting. I wanted to study a subject vital in the fight against climate change. I believe also that green technologies will be a competitive advantage for Finland in the future.

The topic for my diploma work was found by accident: I contacted persons in charge of the new biorefinery project and I received a commission from them. I combined my work experience in the harbor with issues I had learned

about biorefinery products and the result was a thesis work that benefited myself, the harbor, and the new biorefinery to be in the harbor as well. Through the diploma work I got to know new co-operation partners and I learned a lot about the design process of a biorefinery. Also, in my diploma work I followed the same principle as in my other studies: do at least a bit every day. I had short guidance meetings regarding my diploma work every two weeks based on my request, and they helped me a lot in keeping to the schedule. In those meetings we always agreed with the professor and the commissioning company what I would do next, hence I got important deadlines for my work.

During my studies I got an interesting job offer from a new field because I had shown a good attitude in one co-operation project. This is a good reminder that you should always do all works well and with a positive attitude so that you can impress employers.

You should also utilize your strengths and topics familiar to you from your studies. During my studies I did many assignments combining seafaring and chemical engineering, and they gave me new skills and were of use also in my daily work.

I'm very happy and proud that I completed the degree program in biorefineries. I got a Master's degree, new competences and partners, but above all confidence and a belief that I can make it anywhere.



Bachelor's thesis benefits work life and employs the student

Case: Saimaan Kanava

Saimaa Canal is vitally important for South Karelia's industry and commerce. The modernization project of the canal's locks' lower gates was funded by the Finnish government for 2021 and 2022. The project will offer work to 1200 Finns. Alekski Jerkku, a civil engineering student from LAB UAS, connected his thesis work to the current topic and his work was awarded in Des-tia's thesis work competition with the first-place prize.

Alekski completed the thesis work for his current employer GRK Infra Oy. His focus was to analyze factors affecting the tightness of the lower gates and to find alternative construction methods for the modernization project. "The topic was related to the project that I was involved in alongside my studies, but of course I was surprised about the positive reception of my thesis work. It was great that I was employed during the project and that the work benefited my employer in this big project," Alekski says.



Summer jobs

Every year companies offer many summer jobs for students. The best time to apply for summer jobs is from November to March and your own activity and effort pays off the most!

You should prepare yourself for the summer job hunt already in autumn. Planning helps - go through what you should find out already before starting the job-search.

MAKE A PLAN:

- › When do I apply for summer jobs in different fields and how long is the application period?
- › What duties can I apply for? What is required, hoped for and what can benefit me?
- › Can I include my summer job to my studies?
- › What documents and appendices are needed in the application? Can I enclose a video CV or a portfolio to my application?
- › How do I make an application that makes a difference?
- › How do I support my sum-

mer job search with my LinkedIn profile?

- › How do I prepare for a job interview?
- › What are my rights as a summer employee? Salary, vacation, written contract, work time, orientation, testimonial etc.
- › What are my responsibilities as a summer employee? Work-related laws and regulations, confidentiality requirement etc.

WHERE CAN I GET HELP IN JOB-SEARCH?

- › From teachers and Career Services (lut.jobteaser.com)
- › Trade unions organize often info sessions on summer jobs or give tips.
- › Employment Office supports you in all job-search matters: te-palvelut.fi
- › Ohjaamo Service helps young people under 30 years old in job-search: ohjaamot.fi

NOTE TO SELF:

Apply on time!

Entrepreneurship as a career choice

WHY do I want to become an entrepreneur?

- freedom or wealth?

WHAT is my goal?

- in Finland or abroad?

HOW do I get there?

- action plan?

WHOM and WHAT

do I need?

- together or alone?

Entrepreneurship is a good possibility to build your own career exactly around the topic you know the best! As an entrepreneur you offer your expertise to companies and those who need it. South Karelia and Päijänne-Tavastia offer excellent possibilities to start up a company already during your studies because there are plenty of supporting services available. After graduation it is easier to execute a concept you have already tested during your studies!

To become an entrepreneur, you need the right attitude, a clear goal, and a business idea that you can implement. The spark for becoming an entrepreneur flares normally from a business idea produced alone or in a team. After that, a goal of successful entrepreneurship is born. At the end it's all about the right attitude. Discuss your ideas and plans with different people. That for sure refines your business idea further.

You don't need to dwell on these matters alone. In South Karelia you can get support from **Business Mill** experts and from students' entrepreneurial community **LUTES**. Through these operators you will get a broad network of experts and you can benefit from the close co-operation with different operators supporting business activities. You'll get the service from one place for free and confidentially.

LUTES is a students' entrepreneurial community that organizes entrepreneurial events for students and encourages

and guides students in start-up activities. The community's work is available for LAB and LUT students. LUTES and Business Mill organize a yearly event called **IDEARACE** in which there is an 'own competition' category for students. Be brave and contact us at Business Mill and LUTES already in the beginning of your start-up idea. You'll get insights and help from us in proceeding with your idea.

USEFUL LINKS:

- › Free business services from South Karelia and Päijänne-Tavastia
 - » Wirma Lappeenranta is the commerce and company service unit of the town of Lappeenranta that provides start-up services to anyone interested in starting up their own company, wirma.fi
 - » Kehy is the commerce and company service unit of the town of Imatra kehy.fi
 - » Ladec is the commerce and company service unit of the town of Lahti ladec.fi
- › StartHub provides support and facilities for start-up companies starthub.fi
- › TE-office provides entrepreneurial training te-palvelut.fi
- › Business Finland and Finnvera offer financial services a.o. for product development and different kinds of investment needs, businessfinland.fi & finnvera.fi
- › 4H-organizations offer means to pupils (aged 13-28) to try out their own business idea in practice.
 - » South Karelia yhdistysinfo.fi
 - » Päijänne-Tavastia lahti.4h.fi
- › Business mentors help newly founded companies yrityskummit.fi
- › In matters related to starting up your own business also experts and teachers of your own educational institution will help you!

Entrepreneurship during studies

Case: Ondrej Grzegorz

I started small-scale entrepreneurship in 2006 when I was still an upper secondary school student in Czech Republic. I was a DJ and I did sound design. Then I started my studies of musicology at the university. I was in Finland as an exchange student in 2009, fell in love and I moved permanently to Finland in 2012. First, I studied Finnish for 10 months. Then, unemployment was high, and I noticed that in a work of a musicologist e.g., to a philharmonic orchestra perfect knowledge of Finnish was needed because the work contains plenty of writing. It was time for me to look for new opportunities.

I joined the ABC Course in Entrepreneurship organized by Jyväskylä Employment Office and established a music studio. I made sound recordings for games, commercials and answering phones e.g. for Stora Enso, Finnair and Ferratum, and also different kinds of other works in my company's name. Through networking I received the exclusive

sale rights of BeWooden accessories to Finland. Products of the BeWooden family such as jewelry, face masks and wooden bowties for men have been a success. Due to me being a part-time entrepreneur, running my own business was not difficult parallel to my degree studies in tourism and hospitality management.

However, hunger grows while you eat. In 2021 Ondrej will establish his fourth company related to IT and the hospitality business. He has also already received help towards the business from the networks of the Business Mill and RDI staff of LAB UAS.

Entrepreneurship pays off!



Art and important family memories unite in delicate child pictures

Case: Tatjana Tikka

Tatjana Tikka moved in 2004 from Russia to Finland and to Nurmes to study tourism at Nurmes Vocational College. The inspiration to study photography came from movies and hence she applied to study fine arts at Saimaa University of Applied Sciences (LAB UAS since 2020), from where she graduated in 2011 with photography as her specialization.

After graduation motherhood and children stepped into her life. In 2017 she started as a light entrepreneur and completed a course in entrepreneurship because her Bachelor's degree in fine arts did not include entrepreneurship. "In the beginning of my career as an entrepreneur I was afraid whether or not anybody would like to be photographed by me because I am Russian.", Tatjana says. However, I was scared for nothing even though my first year as an entrepreneur was quiet. After that I started to get more customers and it

was time for me to get my new studio and to change light entrepreneurship into full-time entrepreneurship.

"Entrepreneurship does not destroy artistry or the soul of the artist. From the very beginning I wanted to make commercial pictures with elegant style not forgetting artistry. It is also wonderful that I can decide for myself when I work and when is the time for the family," Tatjana tells. Her style of taking photographs is classic, though trends such as the Boho-style can be seen. Her style has also developed during her three years as an entrepreneur. "I will never be ready but further education is important. Now I am doing some online studies on video photography and graphic design."

Tatjana's business operations include also corporate, product and profile pictures as well as visual design to Instagram for companies. "Many entrepreneurs do not understand the possibilities Instagram can provide for sales growth and

as a reflection of a company's brand. That is where I have my chance to grow my business."

In December 2020 Tatjana was rewarded with South Karelia's award: Sole proprietor of the year.



Characteristics of Finnish work life

- › High level of education. As a recent graduate you should also note that the overall educational level in the Finnish job market is one of the highest in the world. In practice this means that you will most commonly start your career from lower-level expert positions and gradually move ahead in your career.
- › Equality is very important between men and women. Equality matters are highly respected related to gender, age, political interests, and religion.
- › Low hierarchies: you usually address your boss on a first-name basis. The communication style is also very informal most of the time.
- › Start learning Finnish as soon as possible. Knowing at least some Finnish will increase your chances of getting a job. Swedish is also used widely especially on the western coast.
- › High expectations of self-direction and initiative. Our

working life base is trust = you get things done even if no one is asking, with high quality and speed. You need to ask if you need more advice!

- › Demand for life-long learning and personal growth.
- › Quite casual dress code.

FURTHER READING ON CHARACTERISTICS OF THE FINNISH JOB MARKET:

- › [infoFinland.fi](https://www.infofinland.fi)
- › LUT & LAB Career service platforms ([JobTeaser Career Center](#) or [Find Your Career Moodle](#))
- › Aarresaari network: aarresaari.net

EMPLOYMENT SERVICES IN ENGLISH:

- › TE Services te-palvelut.fi
- › Ohjaamo is a one-stop guidance center, where a young person under the age of 30 can get help in the matters related to work, education and everyday life.

- › Ohjaamo Lahti ohjaamolahti.fi
- › Ohjaamo Lappeenranta lappeenranta.fi

LEARNING FINNISH:

- › LUT & LAB Language center opinto-opas.lab.fi
- › Adult Education Center of South Karelia ekko.fi
- › Päijät-Häme Ossi-portal alipi.fi

You are not alone!

Ask for assistance from your teachers, guidance counselors, peer students or career services!

Hurdles are meant for climbing

Case: Rupak Basnet

I am from Nepal, a 29-year-old mechanical engineer. After finishing high school in 2011, I came to know about Finland, its education system and I also knew the Nokia phone came from Finland. Getting admission in an engineering program in a Finnish university was huge for me. I came to Finland in 2011 for my Bachelor program at HAMK University of Applied Sciences and graduated in 2015 from mechanical engineering and production technology. Then I started looking for a job but no luck, so I continued my job in cleaning since I needed a job, to get my "A" residence permit. I got admission in LUT for Master's program in Mechatronics System Design and started my studies in autumn 2017 and graduated in 2021.

Getting a job in Finland is very challenging for an international student. I have decent Finnish language skills as I passed the Finnish language test YKI back in 2018 and have been driving taxis as my primary job, which requires some

proficiency of Finnish to start with. After applying continuously for 2.5 years, I finally got hired in December of 2020 at Lumon, after sending out hundreds of applications. Different stages of job interviews were in Finnish, but they allowed me to speak in English also when needed. I was very pleased when I finally got an email which said, "Is this date okay for you to start the job?"

Most of my Finnish classmates did not have much if not any difficulties in finding work after graduation but many international students like me are left with years of struggle. Since 2018 the situation has been better and today many of my friends with zero Finnish language skills are also able to find a job. My career was and is always engineering. The most important thing is to never give up and keep applying, there is a position waiting for you!



Handbook tips were provided by:

LAB UNIVERSITY OF APPLIED SCIENCES
lab.fi

LUT UNIVERSITY
lut.fi

LUT & LAB CAREER SERVICES
lut.fi - rekrytointipalvelut

To students:
lut.jobteaser.com